

## Henley Bank High School Taster Session

On Monday we were very privileged to have an England Hockey coach supported by Lansdown Hockey Club. The purpose of this was to raise the profile of the sport and club, which is based here at Henley Bank High School during the evenings and weekends and therefore targeted students in year 9 and above. The coach Matt Fairburn, has played to a high level and came with an abundance of enthusiasm to show what the sport looks like when played well. Students were put through their paces with basic stick skills, as well as applying them into a game, which they soon realised was a lot harder to do.

Much fun was had, and despite the wintry conditions they kept going until the end. The students are very keen for us to develop this further, we will be looking at how we can develop this over the next few weeks. However, if students really are keen to be involved in the game, please take a moment to look at the Lansdown Hockey webpage ([www.lansdownhockey.co.uk](http://www.lansdownhockey.co.uk)) and see if there is an opportunity for you to attend a training session.

Grace Wigall, Deputy Sport Ambassador said 'In my opinion I really really enjoyed myself and I found that the coach and yourself helped massively in me and the others getting a full understanding and improvement throughout the short space of the session. The atmosphere of it and competitiveness between everyone made it a very successful session for me. I think it was an absolutely amazing session and I am looking forward to running more in the near future.'

We are currently looking to book another fantastic opportunity for our year 7 & 8 students in the new year. This will be run by the Greenshaw Learning Trust CEO, Will Smith. More information will be provided regarding this, so watch this space.



