



tic+chat
anonymous

Need someone to talk to?

You're not alone. We're here for you.

tic+chat is an anonymous, 1-2-1 support service for young people aged 9-21 living in Gloucestershire.

Speak to our friendly team about anything that's troubling you.

**No problem is too big
or too small.**

Drop-in service.

Open hours:
Sunday-Thursday
5pm-9pm

Find out more at
www.ticplus.org.uk



We care. We won't judge.



call

0300 303 8080

chat with one of our team
members over the phone*

live message

chat online via ticplus.org.uk



*standard provider rates apply

Charity No. 1045429
Company No. 2954230



Counselling, Support and Care for Young People and Families