

Keeping Children Safe Online

A parental guide



Keeping children safe online - A brief overview

19%

19% of children aged 10-15 in England and Wales experienced at least one type of online bullying behaviour in the year ending March 2020.

96%

96% of children use video sharing platforms such as TikTok or YouTube for their news and up to date information rather than traditional news outlets such as BBC and ITV. These video sites are mostly run by Social Influencers how have paid sponsors or political opinions.

7 in 10

7 in 10 children are playing online video games that have no filtering or privacy features enabled.

Keeping children safe online - Help and Advice

Parental Controls

It is recommended that you use Parental Controls on websites and services your child uses. Scan the QR Code to access the NSPCC website for information on how to set up Parental Controls on; Facebook, PlayStation, Apple iPhone/iPad as well as your home broadband.



Internet Connected Services

What is a Internet connected service and what are the risks for children using these?

Scan the QR Code to access the NSPCC website for information on what type of services are connected to the internet and how what risks they can pose to children if not monitored or filtered.



What is livestreaming?

A lot of online platforms now offer the ability for the user to 'Livestream' but what does the mean? And how can that be dangerous for children?

Scan the QR for more information on Livestreaming and how you can help your child stay safe online.



Filtering and Restrictions

Many online platform have create you a profile that are open by default. Scan the relevant QR code to learn how to restrict who can access / view your online profile and keep your child safe online.

XBOX	
Playstation	
Nintendo	
TikTok	
Snapchat	

Keeping children safe online - Snapchat

Tips to help keep your child safe on Snapchat

1. Make sure they sign up with the correct age

Set up your child's Snapchat account together to make sure they sign up with correct age. This will automatically enable settings that help to limit unwanted contact from adults and access to certain features.

2. Talk to them about how to feel good on social media

Children and young people can face lots of different pressures online. Use Childline's advice about [How to feel good on social media](#) to help give them the tools to manage their wellbeing online.

3. Set rules around friends

Before your child starts using the app, talk to them about who they can be friends with on the app. Tell them to come to you if they receive a friend request from someone they don't know.

4. Know where to report

There is a chance that your child could come across inappropriate or upsetting content on Snapchat. If this happens, you should report it to the platform. To report a Snap or a story, press and hold on it, then select 'Report Snap'.

5. Talk about what is ok / not ok to share

Ensure that your child knows what personal and private information is, and what is, and is not, appropriate to share online.

6. Explore the safety features

What safety features are available on Snapchat?

Family centre

Snapchat's new family centre gives you an overview of your child's activity on the app. By linking your account to your child's, you can see a list of their friends and who they have contacted in the last seven days – but not the content of those messages. Family centre also gives you access to a confidential reporting service that allows you to report any concerns directly to Snapchat's Trust and Safety team.

Ghost mode

Enabling this will stop other users from seeing your child's location. To edit location settings, go to the cog button in the right-hand corner of the screen. Then enable 'Ghost mode' and select 'until switched off' to make sure it stays enabled.

Limit contact from adult users

Snapchat has introduced restrictions to help limit unwanted contact from adults. Adults will not be allowed to add young people who are 17 and under unless they have a certain number of friends in common. This won't stop all contact from adults, but it will help to limit it.

Privacy settings

There are different privacy settings available that will help to limit who can see your child's account and contact them. Who can contact me – This lets you manage who can contact your child. Who can view my story – Here you can block specific people from viewing their story. To explore the different privacy settings available, select the cog in the right-hand side of the screen and select 'Privacy'.

Default chat functions

By default, you can't chat to someone on Snapchat unless you are friends. Make sure to speak to your child about who they accept friend requests from.

Reporting

To report another user, press and hold on their Snapchat ID, select 'More' and 'Report'. Visit our [reporting online safety concerns](#) advice page or contact the NSPCC Helpline for more support.

How to keep your child safe on TikTok using safety settings

There are six security settings that can help you to keep TikTok safe for your child and prevent them seeing anything that might worry or upset them:

1. Family Pairing

This allows you to connect your child's account with your own. It gives you access to parental controls to help manage who they can speak to and how long they can spend on the app.

2. Private account

Setting your child's account to private means that only approved followers will be able to watch their videos.

3. Restricted mode

This feature helps to filter out videos that may contain inappropriate or adult topics and stop them appearing on your child's 'For You Page'.

4. Comment filters

Enable to manage who can comment on your child's videos and stop inappropriate comments from appearing on their feed.

5. Direct messages

This can help them manage who can contact them privately on the app. You can choose who can send them direct messages by selecting 'Friends only' or 'No one'.

6. Daily screen time

This setting allows you manage how long your child can spend on the app. You can set a daily time limit, and once it's up you'll need to enter a passcode to keep using the platform.

Scan the QR code to visit
NSPCC TikTok Help Site



Keeping children safe online - Xbox Live

Microsoft has a dedicated website with information on the safeguards that can be enabled on Xbox Live accounts for children.

These include:

- Creating a family group
- Screen time limits
- Particular app time limits
- Activity reports
- Set up - All purchases require approval

Scan the QR code to visit
Xbox Live Help Site



Where to go for support:

<https://www.nspcc.org.uk/>

<https://www.ceop.police.uk/Safety-Centre/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.ceop.police.uk/Safety-Centre/>

