



10th September 2024

Dear Parents/Carers

At Henley Bank High School, our vision for Food Science is that the lessons educate and motivate our students to learn the importance of eating a balanced, varied diet as well as learning the skills to cook healthy, low cost, high taste meals. This will prove to be invaluable for later in their lives when they come to leave home and need to fend for themselves independently.

As a parent, there is always the dread of getting the food ready for children to participate in their practical food lessons; finding a tub to contain 2 tablespoons of oil, or a way of them taking in an egg without it breaking. It is also at times difficult to find some of the ingredients in the local shops which once used are then sat in cupboards until the 'best before' date runs out. To support you with this we will provide all ingredients and containers for students, ensuring that there can be 100% participation in lessons and less worried parents at home trying to pack ingredients the night before. Not only is this a more cost-effective method for parents but crucially, by reducing food waste, it is also far more environmentally friendly.

We have calculated the cost of the ingredients for all the dishes planned for our Key Stage 3 students and together with the recyclable containers, this will be **£20 per student for the year, this can be paid in two instalments as follows:**

£10.00 to be paid by Friday 7th November 2025

£10.00 to be paid by Friday 6th March 2026

Please login to your MCAS app and under the Clubs section, please pay £10 by **Friday 7th November**. If this payment will cause financial difficulties, please notify the school no later than Friday 17th October by email to [admin@henleybankhighschool.co.uk](mailto:admin@henleybankhighschool.co.uk)

Finally, please can we ask that all parents complete the form below as soon as possible to provide us with information about any dietary requirements or allergies.

<https://forms.gle/crSPfmUHJn7t64A9>

Yours faithfully

Mrs Claire Lane

Head of Art and Technology

Stephen Derry, Headteacher

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Henley Bank High School, Mill Lane, Brockworth, Gloucester, GL3 4QF  
T: 01452 863372 | E : [admin@henleybankhighschool.co.uk](mailto:admin@henleybankhighschool.co.uk) | W: [www.henleybankhighschool.co.uk](http://www.henleybankhighschool.co.uk)

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