



Curriculum Map- PSHE

Below is a curriculum map, showing what is taught at each stage of the year.

	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Year 7	<p><u>Peer friendships/family</u> Making friends in Secondary School. How to prevent discrimination and bullying in school and online. Also, different family scenarios.</p>		<p><u>Physical & Mental Health First Aid</u> Physical and Mental Health First Aid.</p>		<p><u>Online Identity: Digital Awareness</u> How to be safe when online and the impact of being online and what a digital footprint is</p>	
DfE Curriculum Guidance Link	<p>RSE: Respectful Relationships RSE: Online and Media</p>		<p>Wellbeing: Online Safety and Harms Wellbeing: Basic First Aid</p>		<p>RSE: Online and Media Wellbeing: Online Safety and Harms</p>	
Year 8	<p><u>Risk taking behaviour: CCE, CSE and Gang Culture</u> What this looks like and how to prevent it. Also, what support is available for risk taking behaviour.</p>		<p><u>Healthcare: Drug Awareness and Personal Care</u> Understanding how drugs affect our bodies and how to look after ourselves. Including hygiene during puberty</p>		<p><u>British Justice and Values</u> Exploring how the British Justice system works to protect our rights to express who we are. This will include how we identify with faith, sexuality, and the protected characteristics</p>	
DfE Curriculum Guidance Link	<p>Wellbeing: Personal Safety Wellbeing: Online Safety and Harms</p>		<p>Wellbeing: Drugs, Alcohol, Tobacco and Vaping Wellbeing: Physical Health and Fitness</p>		<p>RSE: Respectful Relationships</p>	
Year 9	<p><u>Citizenship and British Politics</u> Understanding how the British Political system works alongside other democratic and non democratic models.</p>		<p><u>Healthy Loving relationships</u> What a healthy romantic relationship looks like and understand what strategies and support are available to support unhealthy relationships. Including forced marriage.</p>		<p><u>Careers</u> Considering the Labour Market and different steps after Y11 in preparation for Post 16</p>	
DfE Curriculum Guidance Link	<p>RSE: Respectful Relationships</p>		<p>RSE: Families RSE: Respectful Relationships RSE: Being Safe RSE: Intimate Relationships- Law and age of consent RSE: Online and media</p>		<p>GATSBY Benchmarks: 1, 2, 4, 5 and 7</p>	



Year 10	<p align="center"><u>Finances and budgeting</u></p> <p>Looking into different incomes and how to budget this.</p>	<p align="center"><u>Sexual health</u></p> <p>How to keep yourself safe when sexually active. Advice on what can be used and agencies available to support.</p>	<p align="center"><u>Mental health</u></p> <p>Understanding the importance of positive mental health and strategies to support both positive and negative mental health. Including getting ready for Y11.</p>	
DfE Curriculum Guidance Link	Wellbeing: Mental Wellbeing Wellbeing: Online Safety and Harm	RSE: Intimate Relationships	Wellbeing: Physical Health and Fitness	
Year 11 (P6)	<p align="center"><u>Careers- Post 16 Pathways</u></p> <p>In line with GATSBY- ensuring students have support in looking at a variety of different pathways. In preparation of applications in January</p>	<p align="center"><u>First Aid</u></p> <p>Recap of fundamentals for First Aid including CPR, Head Injuries</p>		
DfE Curriculum Guidance Link	GATSBY Benchmark: 1, 2, 5 and 7	Wellbeing: Basic First Aid		
Year 12	<p align="center"><u>British Identity</u></p> <p>A philosophical debate on understanding the cultural identity of Britain and it's position on a global platform including UN, protected characteristics and British Values</p>	<p align="center"><u>Healthcare: Keeping ourselves safe</u></p> <p>Drugs awareness and ensuring we are safe when sexually active, including how to stay safe when out with friends</p>	<p align="center"><u>Finances and Budgeting</u></p> <p>Understanding how to run the finances of a household at University including running a car</p>	<p align="center"><u>Careers: UCAS Preparation</u></p>
Year 13	<u>Careers: UCAS Preparation</u>	<u>Preparing to leave home</u>		