

What is the course about?

The Level 3 BTEC is a recognised route into higher education. This qualification will enable you to progress to degree courses in associated areas, as well as teaching. You could, alternatively, go into employment in a sports related area, such as working in a sports or leisure centre or outdoor activity work with young people.

Course content

You will study a range of interesting topics, of sample of which can be found below.

- Anatomy and physiology
- Fitness, training and programming for health, sport and wellbeing
- Professional development in the sports industry
- Sports leadership
- Investigating business in sport and the active leisure industry
- Skill acquisition in sport
- Application of fitness testing
- Sports psychology
- Coaching for performance
- Sports event organisation
- Sports injury management
- Rules, regulations and officiating in sport
- Development in the sports industry

Assessment

- Unit 1: Anatomy and Physiology will be assessed through a written examination
- Unit 2 Fitness Training and Programming for Health, Sport and Wellbeing and Unit 22 Investigating Business in Sport and the active Leisure Industry will be assessed by a synoptic task set by the exam board and completed in exam conditions.

All other units will be assessed by internal assessment tasks.

Career pathways

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Entry criteria

Minimum of five grade 4 to 9s at GCSE, including English and Maths, as well as a 5:4 in Science or M2 in Sport. You will also need to actively participate in a sport outside of school.