

# Main Meal Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Hot Dog, Wedges & Peas or Beans	Beef Lasagne, Garlic Bread & Mix Veg	Roast Pork, Potatoes & Vegetables	Battered Fish, Chips & Peas or Beans	Beef Curry, Rice & Naan Bread
	Tomato & basil Pasta Bake	Roasted Veg Quiche	Cauliflower Cheese Bake	Veggie Nuggets	Chickpea & Lentil Curry

Week 2	Chilli Con Carne, Rice or Tortilla chips & Salad	Chicken Fajita Wrap, Salad	Roast Gammon, Potatoes & Vegetables	Mince Beef Pie, Chips, & Peas or Beans	Chicken Curry, Rice & Naan Bread
	Roasted Vegetable Frittata	Vegetable Stir Fry & Noodles	Roasted Vegetable Crumble	Veggie Burger	Macaroni Cheese, Garlic Bread

Week 3	Beef Burger, Wedges & Peas or Beans	Spaghetti Bolognese & Garlic Bread	Roast Chicken, Potatoes & Vegetables	Fish Fingers, Chips & Peas or Beans	Sausage & Mash, Vegetables & Gravy
	Vegetable Curry, Rice & Naan Bread	Samosa & Egg Fried Rice	Stuffed Roasted Peppers	Quorn Hot Dog, Chips & Peas or Beans	Veggie Sausage & Mash, Vegetables & Gravy

<u>Items served on a daily basis</u>
Baked Jacket Potatoes – with a choice of fillings Salad Boxes Grab and Go Bar Hot/ Cold Desserts

<u>Prices</u>
Main Meal <b>£1.90</b> or with a drink, cookie or dessert <b>£2.30</b> Jacket Potatoes <b>£1</b> Plus <b>50p</b> per filling Salad Boxes <b>£1.90</b> Or with any drink <b>£2.30</b>