

# Half Term Plan of Action!

Having a plan of what you'd like to do over the break helps to provide a structure and a purpose to your time. This is good for your wellbeing.

Make a collection of activities that you might enjoy doing over half term. The collection below might help provide some ideas. Choose one or two for each day of half term.

**Bike ride**

**Spring spotting walk**  
(what signs of spring can you spot?)

**Colour or texture collection walk**

**Learn a dance/song**

**Bake a cake/cookies**

**Make lunch/dinner for your family**

**Create a quiz for your family**

**Have a cinema session with snacks**

**Read a new book**  
(a chapter or so each day)

**Find out 10 facts about a subject that interests you**

**Pampering session**

**Complete a jigsaw puzzle**  
(big puzzles take time so plan out separate sessions)

**Play or learn to play a musical instrument\***

**Create a happy music play list**

**Sew, knit or crochet an item**

**Draw, paint or colour a picture**

\* homemade percussion is just fine – see the challenge below.

## Homemade instrument challenge

What playable instruments can you make with what you find around the house? Create your instrument, play along with a song that you like then let me know how you got on!

Useful items to consider: pots, pans, empty Pringles, coffee or hot chocolate cannisters, elastic bands, chopsticks, wooden spoons...

Caution! Avoid using fragile or breakable items.